

# A FULL DAY CONFERENCE FOR EDUCATORS, OTHER PROFESSIONALS, AND PARENTS

Following this day-long training,  
participants will be able to:

- ◆ Explain why stress is particularly toxic to students with LD, ADHD, emotional and behavioral challenges.
- ◆ Describe the behaviors associated with “Saving FASE” in the presence of academically-induced stress.
- ◆ Name the components of the DE-STRESS Model of Intervention
- ◆ List several specific strategies that allow students to gain a better sense of control over their learning.



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Starbridge Services, Inc.  
1650 South Avenue, Suite 200  
Rochester, New York 14620

# STRESS!

The Impact on Learning and  
Behavior in Students with  
Attention, Learning & Emotional  
Challenges –  
What to Know and What to Do



## ANNUAL CONFERENCE

Featuring

**Jerome J. Schultz, Ph.D.**

Clinical Neuropsychologist at Harvard Medical School

Friday, November 6, 2015

8:00am—3:30pm

## CONFERENCE CURRICULUM

Because of their neurocognitive and emotional vulnerabilities, children and adolescents with Learning Disabilities, ADHD or other challenges are particularly at risk for stress-related disorders and reactions. Neuroscience explains the problem and gives us the knowledge we need to turn this situation around.

Through this interactive, informative session, educators, other professionals and parents will learn about research, clinical observations, case studies and anecdotal evidence which explain why children and adolescents with these challenges have a lower threshold for stress. Dr. Schultz sheds light on the brain/stress/learning connection and explains why executive functions take a back seat to survival behavior in kids who are threatened by the challenges of school.

Chronic stress causes a cascade of stress hormones that have a neurotoxic effect, making the brain less efficient and leading to a cycle of frustration and failure. Students stuck in this cycle are more likely to tune out or drop out. Teaching students about this connection and strategies they can use to gain control over their learning helps them avoid being caught up in chronic stress.

Dr. Schultz's presentation, based on the latest brain research and supplemented by his work as a teacher and clinician, will provide tools to understand and manage behaviors that get in the way of learning. **Come with questions and leave with answers and no-cost strategies you can implement tomorrow.**



## CONFERENCE DETAILS

**Host: Starbridge**

(formerly The Advocacy Center and LDA Life and Learning Services)

**Date:** Friday, November 6, 2015

**Schedule:**

8:00-8:20am Registration

8:30am-3:30pm Conference

Continental breakfast and lunch included

**Location:**

Burgundy Basin Inn

1361 Marsh Road, Pittsford, NY 14534

**Fee:**

\$99, includes meals and conference materials

A limited number of parent scholarships are available. Email [events@starbridgeinc.org](mailto:events@starbridgeinc.org) or call 585-224-7248.

### Jerome J. Schultz, Ph.D.



Dr. Schultz is a clinical neuropsychologist at Harvard Medical School, international presenter, and author of the book *Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It*.

**Copies of Dr. Schultz's book and other related resources will be for sale at the conference, courtesy of:**



## REGISTRATION FORM

**DEADLINE: 11/2/15** (Registrations accepted, but no refunds after this date)

**Please request accommodations by 10/23/15.**

Name: \_\_\_\_\_

Please check: Parent\_\_\_ Educator\_\_\_ Other\_\_\_

Organization: \_\_\_\_\_

Title: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**Registration confirmation will be sent via e-mail.**

### REGISTRATION FEE

**\$99.00/person Total due** \_\_\_\_\_

**If registering multiple attendees, please send names and contact information on additional pages.**

### PAYMENT METHOD

**Register & pay online at [www.starbridgeinc.org](http://www.starbridgeinc.org) OR**

o Purchase Order #: \_\_\_\_\_

o Check #: \_\_\_\_\_ (*\$25 fee for all returned checks*)

o Credit Card #: \_\_\_\_\_

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Type: VISA\_\_\_ MC\_\_\_

Cardholder's Signature: \_\_\_\_\_

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**Check/P.O. must accompany registration form (Make checks and purchase orders payable to "Starbridge")**

### Send payment and registration to:

Starbridge, Attn: Conference

1650 South Avenue, Suite 200

Rochester, NY 14620

Fax: 585-224-7100 ~ Call: 585-224-7248

Email: [Events@starbridgeinc.org](mailto:Events@starbridgeinc.org)